

# Plainview Little League Safety Code

The Board of Directors of Plainview Little League has mandated the following **Safety Code**. All managers and coaches will read the **Safety Code** and then read it to the players and parents on their team. Signatures are required in the spaces provided below acknowledging that the manager, coaches players and parents (parent initial next to child's name) understand and agree to comply with the **Safety Code**. *Tear the signature sheet on the dotted line and return it to the Plainview Safety Officer.*

- ✎ Responsibility for safety procedures belongs to every adult member of Plainview Little League.
- ✎ Each player, manager, designated coach, umpire, team safety officer shall use proper reasoning and care to prevent injury to him/her and to others.
- ✎ Only league approved managers, coaches, and/or league officials are allowed to practice teams.
- ✎ Arrangements should be made before all games and practices for emergency medical services.
- ✎ First-aid kits are to be obtained by each coach prior to the start of the first practice.
- ✎ No games or practices will be held when the weather or field conditions are poor, particularly when lighting is inadequate.
- ✎ Play area will be inspected before every practice and game for holes, damage, stones, glass and other foreign objects.
- ✎ Team equipment should be stored in the team dugout, and not within the area defined by the umpires as "in play".
- ✎ Only players, managers, two (2) coaches and umpires are permitted on the playing field or in the dugout during games or practice sessions.
- ✎ Responsibility for keeping bats and loose equipment off the field of play should be that of a player assigned for this purpose or the team's manager and designated coaches.
- ✎ No player, manager or coach should have a bat in his or her hands in the dugout during a game or practice.
- ✎ Foul balls batted out of the playing area during a game should be returned to the team manager or designated coaches in the dugout nearest where the ball went out of play and not thrown back onto the playing field.
- ✎ During practice and games all players should be alert and watching the batter on each pitch.
- ✎ During warm up exercises/drills, all players should be spaced so that no one is endangered by wild throws or missed catches.
- ✎ All pre-game warm-ups should be performed within the confines of the playing field and not within areas that are frequented by and thus endangering spectators (i.e., playing catch, swinging bats, etc.)
- ✎ Equipment should be inspected when you receive your equipment bag, and regularly during the season for its condition as well as its fit. Any equipment that needs replacing please contact the PlainviewLL Equipment personnel.
- ✎ Batters must wear Little League approved protective helmets that bear the NOCSAE seal during batting practice and games.
- ✎ Under any conditions there is NO head first sliding into a base.
- ✎ At no time is 'horseplay' permitted on the playing field.
- ✎ Parents of players who wear glasses should be encouraged to provide "safety glasses" for their children
- ✎ On-Deck Batters are NOT permitted. While waiting for the pitcher to warm up, only the batter due up first should be out with a bat, watching the pitcher, all others should be watching the pitcher from the dugout.
- ✎ Managers will only use the official Little League balls supplied by Plainview Little League.
- ✎ Once a ball has become discolored, it will be discarded.
- ✎ All male players must wear an athletic supporter or cup during a game. Catchers must wear a cup. Cups must be worn at practices as well as games.

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- ✎ Male catchers must wear the metal, fiber or plastic type cup and a long-model chest protector.
- ✎ Female catchers must wear long or short model chest protectors.
- ✎ All catchers must wear a chest protector with a neck collar, throat guard, shin guards, and a catcher's helmet, all of which must meet Little League specifications and standards.
- ✎ All catchers must wear a mask, "dangling" type throat protector and a catcher's helmet during practice, pitcher warm-ups and games. **Note:** Skullcaps are **not** permitted.
- ✎ Shoes with metal spikes or cleats are **not** permitted. Shoes with molded cleats are permissible.
- ✎ Players will not wear watches, rings, pins, jewelry or other metallic objects during practices or games (Exception: Jewelry that alerts medical personnel to a specific condition is permissible and this must be taped in place.)
- ✎ No food or drinks, at any time are permitted in the dugouts (Exception: bottled water, Gatorade or water from drinking fountains.)
- ✎ Catchers are encouraged to wear a catcher's mitt (not a first baseman's mitt or a fielder's glove) of any shape, size or weight consistent with protecting the hand.
- ✎ Catchers may not catch, whether warming up a pitcher, in practices, or games without wearing full catcher's gear and an athletic cup as described above.
- ✎ Managers will never leave a child unattended at a game or practice.
- ✎ Never hesitate to report any present or potential safety hazard to the Plainview Safety Officer or Field Officer on duty.
- ✎ Make arrangements to have a cellular phone available when a practice or game is at a facility that does not have public phones.
- ✎ Speed limits on and around fields are five (5) MPH.
- ✎ No alcohol or drugs are permitted on or within 50 yards of fields.
- ✎ **No medication** will be taken at the complex unless administered directly by the child's parent. This includes aspirin and Tylenol.
- ✎ No playing in the parking lots at any time.
- ✎ No smoking within 50 yards of fields.
- ✎ No swinging bats or throwing baseballs at any time within the walkways and common areas of the field or Pool Field Parking lot.
- ✎ No throwing rocks at any time.
- ✎ No climbing fences at any time.
- ✎ No swinging or climbing on dugout roofs at any time.
- ✎ No pets are permitted on the complex at any time. This includes dogs, cats, horses, etc.
- ✎ Observe all posted signs.
- ✎ Players and spectators should be alert at all times for foul balls and errant throws.
- ✎ No riding of skateboards, scooters, or waveboards at anytime.
- ✎ Use crosswalks when crossing roadways. Always be alert for traffic.
- ✎ There is no running allowed in the bleachers.

I have read the Plainview Little League Safety Code and promise to adhere to its rules and regulations.  
Parents must initial next to child's name.

\_\_\_\_\_  
Print Name of Manager

\_\_\_\_\_  
Team Name and Division

\_\_\_\_\_  
Signature of Manager

\_\_\_\_\_  
Date

\_\_\_\_\_  
Coach #1

\_\_\_\_\_  
Coach #2

\_\_\_\_\_  
Team Safety Officer

\_\_\_\_\_  
Coach # 3

\_\_\_\_\_  
Player #1

\_\_\_\_\_  
Player #2

\_\_\_\_\_  
Player #3

\_\_\_\_\_  
Player #4

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Player #5

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Player #6

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Player #7

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Player #8

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Player #9

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Player #10

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Player #11

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Player #12

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Player #13

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Player #14